

Dear Parent / Guardian,

An Invitation to 'Health and Well-Being' Parents Evening

We would like to invite you to our Year 9 and Year 10 Health and Well-being evening at Flegg High school on Tuesday 14th November from 6.15pm to 7.30pm.

This evening will be informative, enjoyable and worthwhile. It will benefit both parents and young people. You will have the opportunity to take part in 3 physical & mental health workshops. The programme (below) gives us an opportunity to share with you the innovative types of student support that are in place at our school.

Students have the best chance of succeeding when parents are as fully involved in and informed about the education and support of their son / daughter.

I look forward to seeing you on the 14th of November 2017. Please arrive by 6.10 pm and sign in at Reception.

6.15pm – Welcome and introduction with Mr Fair, Assistant Principal


6.20pm – Emotional health and wellbeing with Mr Matt Thomas, Emotional and Mental Health Specialist

6.45pm – Healthy Eating and Lifestyles with Mrs Rebecca Partridge, School Nurse

7.10pm – Types of support and intervention in school and at home with Mr T Fair, Assistant Principal

Please let us know if you are able to attend the evening by Friday 10th of November. Please via either return the slip or email to office@flegg.norfolk.sch.uk.

Yours sincerely



Mr T Fair

Assistant Principal

FLEGG HIGH SCHOOL, MARTHAM - YEAR 9 & 10 HEALTH AND WELLBEING EVENING

Tuesday 14th November from 6.15pm to 7.30pm

Student Name:

Form:

I am able / unable to attend Year {Year} Parents' Evening.

Names of Parent / Carer (s) attending event:

Signed: Parent/Carer Date:

Please return to MAIN RECEPTION